



DIOCESE OF
Bath&Wells

Living the story. Telling the story.

Discovering Wholeness Together
How can the local church engage with
mental well-being?



Packet Contents

1.	Common Conditions Information – Mental Health Access Pack
2.	The Church's Role – Mental Health Access Pack
3.	What the Bible says: Emotions – Mental Health Access Pack
4.	What the Bible says: Suffering, Healing and Mental Health – Mental Health Access Pack
5.	Tip Sheet – Do's and Don't's – Mental Health Access Pack
6.	Ways to Become a Friendlier Place – Faith Action
7.	Is Your Church Mental Health Friendly?
8.	The Way In
9.	Healing Forums 2018
10.	Resources and Support